

4 on 4 off Full Time - 37 Hrs - 8 wks

	Week	Sun	Mon	Tue	Wed	Thur	Fri	Sat	Total	
Shift	1		07:00 19:00	07:00 19:00	19:00 07:00	19:00 07:00			42.00	
Break			01:30	01:30	01:30	01:30				
Total Hours (hh:mm)		RD	10:30	10:30	10:30	10:30	RD	RD		
Total Hours (0.0)			10.50	10.50	10.50	10.50				
Total Weekend Hours										0.00
Shift	2			07:00 19:00	07:00 19:00	19:00 07:00	19:00 07:00		42.00	
Break				01:30	01:30	01:30	01:30			
Total Hours (hh:mm)		RD	RD	10:30	10:30	10:30	10:30	RD		
Total Hours (0.0)				10.50	10.50	10.50	10.50			
Total Weekend Hours										0.00
Shift	3				07:00 19:00	07:00 19:00	19:00 07:00	19:00 07:00	42.00	
Break					01:30	01:30	01:30	01:30		
Total Hours (hh:mm)		RD	RD	RD	10:30	10:30	10:30	10:30		
Total Hours (0.0)					10.50	10.50	10.50	10.50		
Total Weekend Hours										0.00
Shift	4					07:00 19:00	07:00 19:00	19:00 07:00	31.50	
Break						01:30	01:30	01:30		
Total Hours (hh:mm)		RD	RD	RD	RD	10:30	10:30	10:30		
Total Hours (0.0)						10.50	10.50	10.50		
Total Weekend Hours										0.00
Shift	5	19:00 07:00				Tr Day	07:00 19:00	07:00 19:00	33.50	
Break		01:30				00:00	01:30	01:30		
Total Hours (hh:mm)		10:30	RD	RD	RD	02:00	10:30	10:30		
Total Hours (0.0)		10.50				2.00	10.50	10.50		
Total Weekend Hours										0.00
Shift	6	19:00 07:00	19:00 07:00					07:00 19:00	31.50	
Break		01:30	01:30					01:30		
Total Hours (hh:mm)		10:30	10:30	RD	RD	RD	RD	10:30		
Total Hours (0.0)		10.50	10.50					10.50		
Total Weekend Hours										0.00
Shift	7	07:00 19:00	19:00 07:00	19:00 07:00					31.50	
Break		01:30	01:30	01:30						
Total Hours (hh:mm)		10:30	10:30	10:30	RD	RD	RD	RD		
Total Hours (0.0)		10.50	10.50	10.50						
Total Weekend Hours										0.00
Shift	8	07:00 19:00	07:00 19:00	19:00 07:00	19:00 07:00				42.00	
Break		01:30	01:30	01:30	01:30					
Total Hours (hh:mm)		10:30	10:30	10:30	10:30	RD	RD	RD		
Total Hours (0.0)		10.50	10.50	10.50	10.50					
Total Weekend Hours										0.00
										Total Pattern Hours
										296.00
										Average Weekly Hours
										37.00
						8 Weeks				

Current Weekend Working = 546 14.19